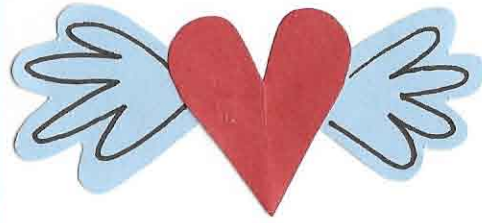


grow STRONG wings



What challenge is most on your heart?

What is this moment teaching you? What are the qualities it's developing in you? How is it helping you grow STRONG wings? How is it preparing you for something more? How can you accept it?

Shifting now towards a way forward... what do you want from it? What's a VOW or commitment you can make to yourself to focus your way forward?

You can **FLY**...